

The Early Signs and Early Treatment of Toenail Fungus

Learn to identify Toenail Fungus, Early.
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Toenail fungus infections are some of the most embarrassing and unpleasant experiences one can ever face. They are caused by fungi entering the surface of a toenail through small cuts in the skin around your nail or through the opening between your nail and nail bed. Once the fungi enter and start to attack the nail's surface, it can be very difficult to eradicate the infection. Once it gets this bad, only after undergoing treatment for a long time will the condition improve.



If it's not treated in time, **toenail fungus infections** can lead to complete loss of toenails and even permanent damage to your nail or nail bed. This makes it vital to know the early warning signs of toenail fungus and good treatments that can eradicate the infection early on.

Furthermore, the symptoms of [toenail fungus](#) infection are often confused for other ailments such as athlete's foot or an infestation of ringworm.

Most cases and signs of toenail fungus infection usually occur more frequently on the big toenail. For some reason, this nail is more vulnerable to infections. Therefore, if you see some of these early signs of **toenail fungus** infection on your big toenail, visit a podiatrist straight away!

The first early symptom of nail fungus infection is a change in the color of the toenail. Sometimes the discoloration is streaky while other times it can be found in patches. The patches will also vary in color. Some of the patches may look white or yellow. Others may look brownish.

If caught at this early stage, topical treatments will work nicely to eradicate the infection relatively quickly.

Other early symptoms of [nail fungus infection](#) include the nail becoming brittle or chipped and the nail becoming thickened beyond its normal size. At this stage some of the pieces of the nail can begin to fall off while the rest of the nail becomes cracked, dry and even tender to the touch. It can make it very difficult to cut one's nails without pain. If that is allowed to happen, it becomes very difficult and painful to put on socks and even walk long distances without trouble.



If the infection is caught at this stage, topical treatments can still work well to eradicate the infection but it will take slightly longer for the treatments to work well.

Why Topical Treatments?

You might wonder why it's a good idea to use a topical treatment to cure toenail fungus infections. After all, there are oral treatments that can work just as well and maybe even cost less than a topical treatment. There are actually several advantages that make it worthwhile to explore topical treatments for curing toenail fungus infections. Here are three of them:

1) They are safer to use. Some oral treatments can be very harmful to the body. In fact, when using some prescription oral treatments, it's mandatory that you get blood work done while undergoing these treatments! Topical treatments are much safer and allow you to avoid the hassle of wondering if they are harmful to your body.

2) They are easier to use than oral treatments. Often, a topical [toenail fungus treatment](#) can be applied directly to the infected nail. This is much easier than swallowing a pill. As a result, many people who have trouble swallowing pills find [toenail fungus treatments](#) much more pleasant to use.

3) Finally, topical treatments are typically cheaper than prescription oral treatments. Using topical treatments can save patients a lot of money, especially if purchased over-the-counter. Why pay more for prescription oral treatments if an over-the-counter topical treatment works just as well?

ToenailFungusCured.com strives to find the best treatments for your toenail fungus infection. After having toenail fungus for over 10 years, David M. Hughes tries to research and provide the best possible treatments for those who suffer from the infection.