

Does Toenail Fungus Go Away by Itself?

Find out what happens if you don't treat your toenail fungus...

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Take the first step and seek [toenail fungus treatments](#).

At first, it was a little unsightly, toenails that were yellow and swollen. The skin around the toenails started to become red and scaly and one of the toenails became so brittle it was almost like powder. Why not wait it out right? They're just toenails, they will heal. Slowly, it became more and more painful to walk; it even hurt to wiggle the toes. Everyday tasks were becoming more difficult. Just the thought of wearing open-toed shoes and having others see the damaged toenails was mortifying. It was time to admit that there was a problem, and it seemed to be **toenail fungus**.



Although it might be frightening and embarrassing to seek [toenail fungus treatments](#), **toenail fungus** is easily diagnosed. A doctor can clip a small piece of the toenail and test it for fungus. Fungus. Even the word sounds scary. Just what is a toenail fungus? Toenail fungus is a type of infection. It is a live and active fungus that thrives by essentially feeding on the skin and nails. Toenail fungus grows in the wet, moist, darkness of shoes and socks and if left untreated, can cause serious health concerns. Toenail fungus can spread to other toenails and it is even possible to spread the fungus to someone else. Toenail fungus can cause toenails to become swollen, painful and in some cases, nail deformity can be an issue. If left untreated, toenail fungus can lead to bacterial infections such as Athlete's Foot, or even skin infections which are very difficult to treat and can be quite dangerous.

Toenail fungus will not go away by itself. [Toenail fungus treatments](#) are required to properly cure this often painful ailment. If toenail fungus is diagnosed early, the treatment can be as simple as applying a good topical ointment to the infected area. Because many people often choose to wait it out instead of seeking treatment right away, the fungus can penetrate the toenail bed. If this happens, an ointment alone won't work on the fungus; it will become necessary to take anti-fungal medicine orally to kill the infection. Treating toenail fungus with oral medication can have risks. Oral anti-fungal medications can cause liver damage in some people. Catching toenail fungus early and treating with a good topical ointment is a quick and safe method of knocking out the fungus.



If **toenail fungus** is a problem, take the first step and seek a [toenail fungus treatment](#). Early toenail fungus treatment with a topical ointment can save pain, embarrassment and will ensure that it is possible to put the best foot forward, even in sandals! ToenailFungusCured.com strives to find the best treatments for your toenail fungus infection. After having toenail fungus for over 10 years, David M. Hughes tries to research and provide the best possible treatments for those who suffer from the infection.