

## Curing Toenail Fungus with Home Remedies

What Really Works to Cure Your Toenail Fungus

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The scientific name for **toenail fungus** is Onychomycosis. These fungal infections of the nails are the most common illnesses associated with fingernails and toenails. The symptoms of toenail fungus include thickening of the toenail as well as yellowing under the nail plate. Since the toenails can become brittle and crumbly over time, it is important to cure toenail fungus before your symptoms worsen.



The four common types of toenail fungus are distal subungual, white superficial, proximal subungual, and candidal toenail fungus. These types vary based on the type of fungus that invades the nail. Infections by different species of fungus tend to localize to different regions of the nail and nail bed. Your risk for contracting toenail fungus is heightened in warm, damp areas like gymnasiums, swimming pools, and public showers. Abnormal skin pH levels may also contribute to your risk of toenail fungus. Toenail fungus can spread from toe-to-toe and may also cause a sort of allergic reaction on other parts of the body not directly affected by the fungus.

[Toenail fungus treatments](#) can vary in effectiveness. There are some home remedies suggested to help minimize the appearance of toenail fungus symptoms, such as the embarrassing discoloration caused by infection. Follow these simple at home tips to cure **toenail fungus** and keep your nails looking clear and beautiful.

One great and inexpensive at home remedy is preparing a foot soak of Listerine mouthwash. The antiseptic properties of Listerine can help keep your nails clear and healthy. Tea tree oil mixed with equal parts lavender oil is another quick fix for mild toenail fungus symptoms. Simply dab the mixture under the nails and be sure to dry thoroughly either with a towel or a blow dryer to rid your nails and nail beds from excess moisture.

An alternative to soaking your **toenail fungus** in Listerine is a mixture of warm water and apple cider vinegar. Soak your feet in the mixture, making sure that your nails are submerged completely, for about 15-20 minutes. This is a great way to relax after a long day on your feet as well, and can help combat the ugly symptoms of toenail fungus.



If you are suffering for a more extreme case of nail fungus, these home remedies for toenail fungus may not be the best option for you. In fact, you may need traditional medical treatment in the form of systemic antiviral drugs. Before you try that route, however, there are over the counter topical toenail fungus treatments.

Two of the most common treatments to [cure toenail fungus](#) are Zeta Clear toenail fungus treatment and Fungisil [toenail fungus treatment](#). If you're a smart consumer and you would like to cure embarrassing toenail fungus, you want to know which is the best toenail fungus cure. Read on to find out a bit about Zeta Clear and Fungisil toenail fungus treatments.

Both Fungisil and Zeta Clear are topical solutions that claim to cure toenail fungus. Fungisil is

newer to the market than Zeta Clear, and therefore is somewhat less widely known. Zeta Clear is comprised of a combination of homeopathic and topical ingredients. Zeta Clear can cure **toenail fungus** in a minimum of two months. Zeta Clear toenail fungus treatment does not cause any side effects and is a good choice to cure toenail fungus for this reason. You can buy Zeta Clear over the counter in any pharmacy.

Fungisil [toenail fungus cure](#) must be applied to the nails about twice daily. Reviewers have found this to be the best toenail fungus treatment, due to positive feedback from happy consumers. The approximate cost of Fungisil toenail fungus cure is \$20 per month, which is inexpensive considering the embarrassing symptoms of toenail fungus. A possible downside of using Fungisil toenail fungus cure could be the necessity to apply the treatment daily to achieve best results. However, most consumers found that this was well worth it. Users of Fungisil toenail fungus cure report that their toenail fungus disappeared within three to eight months. Fungisil toenail fungus cure is safe and also alleviates symptoms of athlete's foot in some consumers. You can buy Fungisil toenail fungus cure in pharmaceutical convenience stores.

ToenailFungusCured.com strives to find the best treatments for your **toenail fungus infection**. After having toenail fungus for over 10 years, David M. Hughes tries to research and provide the best possible treatments for those who suffer from the infection.